

Active commuting to school (Bulletin no. 12)

2010 Physical Activity Monitor, CFLRI

	Usual mode for commuting to school		
	Walks or Bikes only	Inactive only	Mixed active and inactive
TOTAL, Parents, 18 and older	24%	62%	14%
Men	24%	64%	12%
Women	24%	61%	15%
25 to 44	25%	62%	13%
45 to 64	23%	63%	14%
Children and youth, 5 to 17 years	24%	62%	14%
Boys	24%	62%	14%
Girls	24%	62%	13%
5 to 12	25%	62%	13%
13 to 17	23%	63%	15%
PARENT'S EDUCATION LEVEL			
Less than secondary	26%	62%	12%
Secondary	23%	65%	12%
College	24%	62%	14%
University	24%	61%	15%
HOUSEHOLD INCOME			
Lowest quartile (<\$50,000/yr)	28%	58%	14%
2nd quartile (\$50,000-\$80,000)	26%	59%	14%
3rd quartile (\$80,000-\$100,000)	18%	72%	10%
Highest quartile (≥\$100,000/yr)	22%	63%	15%
REGION			
Atlantic	11%	76%	13%
Quebec	18%	70%	12%
Ontario	27%	59%	14%
West	28%	58%	14%
North	35%	48%	18%
COMMUNITY SIZE			
≥250,000 residents	28%	57%	15%
100,000 to 249,999	33%	52%	15%
10,000 to 99,999	22%	64%	13%
1,000 to 9,999	19%	67%	14%
<1,000	13%	80%	7%
PARENT'S ACTIVITY LEVEL			
Inactive	20%	71%	9%
Somewhat active	26%	58%	16%
Moderately active	25%	63%	12%
Active	23%	62%	15%
CHILD'S SPORT PARTICIPATION			
Yes	24%	63%	13%
No	24%	62%	14%

- data not available due to insufficient sample in cell.

Active commuting to school (Bulletin no. 12)

2010 Physical Activity Monitor, CFLRI

	Usual mode of commuting to school							
	Walk only	Bike only	Walk and bike only	Car only	Bus only	Other only	Mixed inactive	Mixed active and inactive
TOTAL, Parents, 18 and older	20%	1%	3%	24%	34%	-	4%	14%
Men	20%	-	3%	26%	34%	-	4%	12%
Women	21%	-	3%	23%	33%	-	5%	15%
25 to 44	21%	-	3%	26%	32%	-	4%	13%
45 to 64	20%	-	2%	23%	35%	-	5%	14%
Children and youth, 5 to 17 years	20%	1%	3%	24%	34%	-	4%	14%
Boys	19%	-	3%	25%	33%	-	4%	14%
Girls	21%	-	2%	24%	34%	-	4%	13%
5 to 12	21%	-	3%	28%	30%	-	4%	13%
13 to 17	20%	-	2%	20%	38%	-	5%	15%
PARENT'S EDUCATION LEVEL								
Less than secondary	18%	-	-	16%	43%	-	-	12%
Secondary	21%	-	-	24%	37%	-	4%	12%
College	20%	-	3%	21%	38%	-	3%	14%
University	20%	-	2%	28%	27%	-	6%	15%
HOUSEHOLD INCOME								
Lowest quartile (<\$50,000/yr)	24%	-	-	20%	35%	-	-	14%
2nd quartile (\$50,000-\$80,000)	22%	-	-	23%	32%	-	4%	14%
3rd quartile (\$80,000-\$100,000)	15%	-	-	28%	41%	-	-	10%
Highest quartile (≥\$100,000/yr)	19%	-	-	26%	32%	-	5%	15%
REGION								
Atlantic	11%	-	-	21%	49%	-	6%	13%
Quebec	16%	-	-	22%	43%	-	-	12%
Ontario	23%	-	3%	21%	32%	-	5%	14%
West	24%	-	3%	30%	23%	-	4%	14%
North	30%	-	-	25%	16%	-	6%	18%
COMMUNITY SIZE								
≥250,000 residents	26%	-	-	29%	23%	-	4%	15%
100,000 to 249,999	28%	-	-	18%	31%	-	-	15%
10,000 to 99,999	18%	-	-	26%	33%	-	4%	13%
1,000 to 9,999	15%	-	-	20%	43%	-	4%	14%
<1,000	10%	-	-	16%	59%	-	-	7%
PARENT'S ACTIVITY LEVEL								
Inactive	18%	-	-	26%	38%	-	-	9%
Somewhat active	22%	-	-	22%	31%	-	5%	16%
Moderately active	22%	-	-	26%	34%	-	3%	12%
Active	20%	-	3%	24%	33%	-	4%	15%
CHILD'S SPORT PARTICIPATION								
Yes	20%	-	3%	25%	33%	-	4%	13%
No	22%	-	-	21%	35%	-	6%	14%

- data not available due to insufficient sample in cell.